




inside... local volunteering opportunities



funding: local and national funding streams



opportunities



## The Magpie shop spreads its wings!

**C**VSA is looking to build on the great success of the Boxroom and Magpie operations in Banchory. As we hopefully expand into new ventures, it makes sense to have one brand and therefore one main name rather than the current two. In addition, we are trying to make shopping easier for all our customers and no longer will you find two shops with a similar offer. The existing Boxroom is now mainly displaying furniture but also has books, outdoor equipment, rugs and paintings, whilst the existing Magpie shop is full of wonderful bric-a-brac and electrical items, children's toys and more!



*We are looking to recruit volunteers for the Banchory or Inverurie shops so if you are interested in assisting with an excellent cause then please contact us. You would be a welcome addition to our very friendly team and as a volunteer you could work one morning, one afternoon a full day or just as much as you like!*

Morrison's). More details to follow - so watch this space!

We would be delighted if you were able to donate furniture and any other household items or bric-a-brac to any of the shops. If they are smaller in size, then please bring these to Tillybrake Estate in Banchory where we will gladly take these off your hands. If items are of a larger nature then please call us on 01330 823800 and we can arrange to pick up from your home or office. Our Magpie operations in Tillybrake Industrial Estate is now open from 10.00am until 4.00pm from Monday to Saturday and please come and have a look at

Our new name and new brand will be "Magpie". Of course we will be keeping in part our Boxroom (Magpie's Boxroom) name as well, as it is how many of our loyal and good customers know us.

As well as combining the shops, we have combined our wonderful staff and volunteer teams into one big happy family. In essence we are trying to make shopping easier, displays easier and by pooling all our people we can make best use of all the talents and personalities we have.

Please come and visit our new Magpie operation in Tillybrake Industrial Estate in Banchory, and if you live near Inverurie, you will be delighted to know that we will shortly be opening a new shop in Burghmuir Industrial Estate (just behind

our new and improved offer. In addition we have our friendly community charity shop in Bridge street in Banchory, and if it is more convenient please donate smaller items and clothing to the shop. Due to space limitations we cannot accept larger items in Bridge Street.

At Magpie we try and sell good quality second hand items at a price that is comfortable for most people. We provide a service that supports the community particularly at this difficult economic time. We also provide furniture free of charge to special cases that are identified through our social contacts. In addition and crucially we are trying to reduce the tonnage that goes to landfill. In relation to this another way of donating household items is at our Crows nest site at the Banchory recycling centre just off the Raemoir road.

contact us...

15a High Street, Inverurie AB51 3QA tel: 01467 629072  
 72a High Street, Banchory AB31 5SS tel: 01330 825027  
 email: mail@cvsa.co.uk website: www.cvsa.co.uk

## Grampian Child Bereavement Network

**G** rampian Child Bereavement Network (GCBN) is a registered charity whose aim is to achieve the best possible level and quality of support and information for children and young people, within the Grampian area, who have experienced bereavement.



They aim to raise awareness of the impact of bereavement on children and young people and to help those who are bereaved access appropriate support. They also aim to provide information, resources and practical help to families, carers and professionals who are supporting a bereaved child or young person.

While GCBN believe that bereavement is a normal part of everyday life and that children and young people are resilient, they also believe that every child and their circumstances are unique and their reaction to bereavement will also be unique. Children and young people should be able to have their loss acknowledged and to receive the appropriate, age related, level of support they need to enable them to manage their grief.

GCBN officially launched in May 2011. The Board consists of 9 trustees, all with professional backgrounds in social work, health, education or chaplaincy. All trustees contribute on a voluntary basis and a coordinator is employed on a part time basis. They operate a "helpline" and in response to enquiries received can offer advice and information or identify and refer on to an appropriate resource, either provided by GCBN itself or by another organisation. They are working to develop a wider range of services and resources which can be offered to those who contact them.

Anyone is welcome to contact the helpline.

Contact details are:-

Tel: 01224 594099/ Email: [gcbn@mhab-erdeen.org.uk](mailto:gcbn@mhab-erdeen.org.uk) Website: [www.gcbn.org.uk](http://www.gcbn.org.uk)

### Volunteers urgently needed at Kincardine & Mearns Citizens Advice Bureau



Kincardine & Mearns Citizens Advice Bureau urgently need volunteers to cover reception duties on Monday and/or Friday morning from 0915 until 1230. Please note - this is an unpaid position although some travel expenses will be paid. The office is situated at 9 Cameron Street, Stonehaven with an outreach post in Portlethen. For more details, please call in or telephone 01569 766578 or email them at [bureau@kamcab.casonline.org.uk](mailto:bureau@kamcab.casonline.org.uk).

### Aberdeen Foyer Futures Programme Focussing on the Future!

New programme starting - 13/02/12

**A**berdeen Foyer's Foyer Futures Programme is an employability focused programme for people who wish to continue their journey to a more positive lifestyle and become an active and contributing member of their community. They will work to build bridges within the local community and forge links with local business to establish supportive networks that will result in meaningful work placements and volunteering opportunities.

Based in Fraserburgh, the Foyer Futures programme runs for twelve weeks (Mon - Fri) and is open to anyone in the Aberdeenshire area. Childcare/travel costs can be covered and breakfast and lunch are provided daily. What we do at Advanced Lifeshaper:

- ◆ Employability
- ◆ Communication
- ◆ Team Challenges
- ◆ Community Projects
- ◆ SQA Accredited Courses
- ◆ Digital Photography
- ◆ Health and Wellbeing
- ◆ Serenity Café events
- ◆ Leadership Skills
- ◆ Peer Mentoring
- ◆ Team Building
- ◆ Work Placements
- ◆ ASDAN
- ◆ Volunteering

For all enquiries, self and agency referrals please contact: Liz Cameron Tel: 01346 511017 or email: [lizc@aberdeenfoyer.com](mailto:lizc@aberdeenfoyer.com)

## Institute of Fundraising

www.tax-effective-giving.org.uk



The Institute of Fundraising has a new look tax-effective giving microsite. Tax-effective fundraising is invaluable to the charity sector, allowing tens of thousands of charities to significantly boost their income. However, charities are currently missing out on over £740 million each year in Gift Aid income alone. This site offers comprehensive information about all forms of tax-effective giving (also known as 'tax-efficient giving'). These resources are aimed at everyone involved in charitable giving: charities, fundraisers and donors alike.

## Scottish Hydro Electric Free Appliances Scheme

Scottish Hydro Electric has started up a scheme for free appliances, the qualifying criteria are listed below. The scheme is aimed at people in vulnerable households or people on low incomes and they do not have to be a customer of Scottish Hydro. If they qualify they can choose from a fridge, freezer, fridge/freezer, cooker or washing machine. Please circulate this information to anyone who may benefit and to obtain further information, please contact SCARF, and ask to speak to the Duty Advisor on 01224-213-005.

## £7.6m for fishing communities

A scheme is to provide funding for projects that make a difference in local Scottish fishing communities, with up to £7.6 million to be shared out across 13 local authorities.

£4.2 million is available under Axis 4 the European Fisheries Fund, which the councils involved need to co-finance in order to access. Under the scheme community-driven projects will be encouraged, including those relating to tourism, food and drink, renewable energy, training and environmental protection.

Eligible councils were invited to create Fisheries Local Action

Groups (FLAGS) to consider applications and decide how the funding will be allocated locally. In total there will be 12 FLAGS, one of which will be Aberdeenshire. It's expected that all FLAGS will be in operation by the spring and Councils will invite local groups to apply in due course.



## fundinginbrief

**Comic Relief's new Older People's Programme** has announced a new grants programme for 2012 to help older people cope with the challenges of this particularly harsh financial climate and the resultant exclusion and hardship it is causing. This programme will be aimed at supporting older people (65+) to build their knowledge and skills to manage their money more effectively, ensure access to good, independent financial advice, guard against financial scams and abuse and cope better with cold homes. Applications can be made from 16th January until 13th February. You can visit: [www.comicrelief.com/apply-for-a-grant/programmes/managing-money-better-comic-reliefs-new-older-peoples-programme](http://www.comicrelief.com/apply-for-a-grant/programmes/managing-money-better-comic-reliefs-new-older-peoples-programme) for more information.

**Peer Support and Collaboration Funding** Education Scotland is inviting applications for funding from learning communities or schools that are seeking to build local capacity to support the development of whole school approaches to global citizenship and sustainable development education within the context of Curriculum for Excellence. The purpose of the funding will be to support peer to peer and school to school collaboration, mentoring and networking. Grants of approximately £500 to £1000 are available for each school or learning community. Please direct enquiries to the Developing Global Citizens Team at [globalcitizens@education.scot.nhs.uk](mailto:globalcitizens@education.scot.nhs.uk), Education Scotland.

## Grampian Maternity Services Review

**NHS** Grampian is carrying out a review of maternity services to ensure they deliver the best possible care now and in the future.

Maternity services are facing a number of challenges and the review aims to help services rise to these.

The review aims to ensure care continues to be safer, more effective, sustainable and closer to home whenever possible; supporting families to enjoy a normal pregnancy and birth in pleasant surroundings, free from medical intervention whenever possible, but with access to high quality specialist support when needed.

NHS Grampian would like to hear the views of women, families, the public, staff and other interested parties on proposals for the maternity service in Grampian. Visit: [www.nhsgrampian.org](http://www.nhsgrampian.org) and click on 'Consultations', then 'Maternity Services Review'.

### Young Scot Award

Nominations for the Sunday Mail Young Scot Awards 2012, in association with The Co-operative Foundation, are now open at [www.youngscotawards.co.uk](http://www.youngscotawards.co.uk). Young people (aged between 11 and 26 years old) who have contributed to their communities can be nominated by individuals or groups until the Friday 26th February.

## Critical Skills for Critical Times - Managing yourself and others

Recreation Hall, Staff Home, Woodend Hospital, Thursday 23rd February

Participants will take part in a master class on "Managing yourself and Others" to include time and workload management. There will be opportunities for skills practice and development as well as time to network with colleagues from other public and voluntary sector organisations.

To book a place at this workshop please contact Anne Inglis, Head of Organisational Development [anne.inglis@nhs.net](mailto:anne.inglis@nhs.net)

## Police Community initiative funds

Bids are invited from groups in the Garioch area for funding of around £500 for local youth projects that are based around the following themes: Violent crime (including Domestic Violence), Drugs and Alcohol misuse, Vandalism, Public Disorder and Antisocial Behaviour, Housebreaking, Vehicle Crime, Victim Support and Community Empowerment (active citizenship). Bids need to go through local PC's and previous successful projects have included money for a football pitch at Howieslap, computers into The Hub, rent for the Wee Bothy, Hip-Hop etc.

Area contacts:

Kemnay:- PC Sandra Duncan

Kintore:- PC Brian Pirie

Insch:- PC Mike Poddubecki

Blackburn, Fintray & Newmachar:- PC Dave Calvert

Inverurie centre:- PC Doug McMann

Inverurie (other) :- Sergeant Craig Grant.

Westhill :- Sergeant Inness Coull

## Garioch Community Kitchen

### Confidence to Cook

Promotes and raises awareness of Healthy Eating messages through practical hands-on cookery sessions.

Who can use the facility?

- ◆ Parents / carers.
- ◆ Community groups.
- ◆ Students preparing to leave home.
- ◆ School children.
- ◆ People who live on their own.
- ◆ Schools which have no cooking facilities.

In other words - ANYONE!

Contact: Janette Gascoine

[jan.gascoine@btopenworld.com](mailto:jan.gascoine@btopenworld.com)

Tel: 07841 025176

## Scotland's Constitutional future - consultation

The UK Government is prepared to change the law so that the Scottish Parliament can hold a legal referendum on independence, Scottish Secretary Michael Moore announced on January 10th. The Government is now consulting the people of the UK on the best way to facilitate a legal, fair and decisive referendum. The paper also sets out what the Government regards as the essential criteria for a fair and decisive referendum.

The Government is now consulting on these important matters with people in Scotland and will also seek the views of the Scottish Government. To read the paper and take part in the consultation, visit: [www.scotlandoffice.gov.uk/scotlandoffice/files/17779-Cm-8203.pdf](http://www.scotlandoffice.gov.uk/scotlandoffice/files/17779-Cm-8203.pdf)

## Alzheimer Scotland new groups in Central Aberdeenshire

Alzheimer Scotland has started up a Dementia Café in Inverurie. The café provides an informal meeting place once a month where people who have dementia and their families and friends can meet others in a similar situation and get information and support from each other and from professionals. There are already monthly cafes in Ellon and Westhill, and the people who come to these say that they enjoy the informal atmosphere and the opportunity to make new friends.



The Inverurie café is held on the third Thursday of the month in the Kintore Arms Hotel from 10.30 - 12.30. Cost is £1.95 per person to cover refreshments cost.

Alzheimer Scotland is also working with librarians in Inverurie and Westhill to set up monthly reading groups in the libraries for people who have dementia and their families and friends. Many people who have dementia find it difficult to concentrate on reading themselves, so the aim of the reading group is to have somebody to read aloud to the group and then to encourage people to chat about what has been read, and of course to have a cup of tea and a bit of a blether!

To find out more, please contact Susanna Paterson, Alzheimer Scotland's dementia advisor for Aberdeenshire on tel: 01467 629292 or email: [spaterson@alzscot.org](mailto:spaterson@alzscot.org)

## ..training..

### CVS Training Initiative

33/34 The Square, Ellon

Tel: 01358 722205

Email: [admin@cvstraininginitiative.org.uk](mailto:admin@cvstraininginitiative.org.uk)

### Intro - What is Social Enterprise

March 28th 2012, 10.30am-12.30pm

Hopeville Social Club

This workshop will outline the social enterprise scene in the UK and Scotland, go through what social enterprise means, outline the different legal structures that a social enterprise may adopt and provide examples of social enterprise activity.

### Sales & Marketing

May 1st, 2012, 10.30am-12.30pm

Mintlaw Village Hall

The more you understand your customers the more easily you will be able to approach them and bring in money for your enterprise. This workshop focuses directly on how marketing generates business and affects your cash flow in a positive way.

### Cash flow planning

May 1, 2012, 1.30pm-3.00pm

Venue: Mintlaw Village Hall

At an early stage, cash-flow is one of the most critical elements of new business planning. The workshop will cover the main elements of preparing a cash flow forecast, including working with a cash flow template specifically tailored to the needs of a start up social enterprise.

To book a place at any of these workshops, contact Diane Miller at Aberdeenshire CVS Training Initiative on 01358 722205 or [diane@cvstraininginitiative.org.uk](mailto:diane@cvstraininginitiative.org.uk).

## dates for your diary

### **Kincardine & Mearns Mental Health & Wellbeing World Cafe & Networking Event Wednesday 22nd February 2011**

**Betteridge Centre, Newtonhill, 10am-1pm**  
Kincardine & Mearns Community Wellbeing Network is keen to bring together all partners to discuss what activity is happening locally and where the gaps are around the 6 priority areas identified in 'Towards a Mentally Flourishing Scotland'

More information and registration forms from  
Rosemary.Fullerton@nhs.net

### **Recruiting and Supporting Trustees Training, Friday 24th February, 10am - 3.30pm, Grampian Fire Service, Aberdeen**

This course is suitable for anyone who has a role in the recruitment and support of Trustees to their Management Committee/Board. Staff, volunteers or Trustees.

Contact Shirley/Diane on 01358 722205 or email: [admin@cvstraininginitiative.org.uk](mailto:admin@cvstraininginitiative.org.uk)

### **Using Free Online Marketing Tools Tuesday 7th February, 10am - 1pm, Hopeville Club, Inverurie**

This course will enable you to use tools to market your organisation more effectively. Contact Shirley/Diane on 01358 722205 or email: [admin@cvstraininginitiative.org.uk](mailto:admin@cvstraininginitiative.org.uk)

**CVSA's Grow Your Group Event  
Saturday 17th March, 10am - 1pm (tbc)  
Oldmeldrum Town Hall** Local voluntary and community groups are invited to come along to this session for information and workshops on how to sustain your group in the uncertain financial climate. For further info, contact Alison Melville on 01467 629072 or email [Alison.Melville@cvsa.co.uk](mailto:Alison.Melville@cvsa.co.uk)

## The Charity Shop

Excellent range of good quality clothing and bric-a-brac for resale. Donations are gratefully accepted. Open Mon - Sat 10am - 4pm

Volunteers welcome - contact the shop at: 16a Bridge Street, Banchory Tel: 01330 825714

## magpieshops

Great quality second hand furniture, household goods, bric-a-brac, garden furniture and LOADS more for sale. Pop in and grab a bargain!  
Open Mon-Sat, 10am - 4pm

Units 4 & 5, Tillybrake Industrial Estate, Banchory.  
Tel: 01330 823800 or 01330 538001

## ...online...useful websites...online...

### [www.ascc.org.uk](http://www.ascc.org.uk)

The Association of Scottish Community Councils is the national representative and campaigning body for all the Community Councils of Scotland. Whether you are a Community Councillor, constituent, parliamentarian, local authority member, or just interested in the work of the Association of Scottish Community Councils, you may find this website useful.

### [www.volunteeringzone.org.uk](http://www.volunteeringzone.org.uk)

Does your organisation offer volunteering opportunities throughout Scotland? Then manage them online. It's simple and saves you time, money and effort.

### [www.ouraberdeenshire.org.uk/index.php?option=com\\_content&task=view&id=738](http://www.ouraberdeenshire.org.uk/index.php?option=com_content&task=view&id=738)

The Kincardine & Mearns January 2012 E-bulletin is now available to read online. It covers events, funding and news specifically for that area.

### <http://ganeevaluation2011.questionpro.com>

Growing Audiences North East (GANE) are completing their original three-year programme, and need to take stock and look at what has worked over the last three years and what still needs to be done. They need your thoughts and feedback to do so, so, take part in their evaluation survey here and pass it on to those who may be interested!