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in Aberdeenshire



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news



New CVSA office base in Stonehaven

We have recently taken on a new office base on the top floor at 42-46 Barclay Street, Stonehaven. Our Development Officer, Linda Babbs, will now be working from there, providing support to community and voluntary organisations within Kincardine and Mearns including assistance and information on constitutions, governance issues, charity law and funding.

Sharing the office space is Naomi Gordon, Development officer for Kincardine and Mearns Area Partnership. The premises also houses Crossroads, PILLAR and K&D Befriending so this is a great opportunity for us to be working alongside other third sector organisations in Kincardine and Mearns. Linda and Naomi are planning an open day for the end of June, which will be an opportunity for groups to go along, meet with them both and find out more about the support they can provide. Further details to follow.

Contact Linda at Linda.Babbs@cvsa.co.uk or on 01569 668055.

CVSA Charities Fair

Sunday 13th June,

George V Park, Banchory

We are holding a charities fair as part of the St Ternan's Fair this year.

If your group would like to hold a stall to raise awareness or funds at the fair, email Valerie Cameron on Valerie.Cameron@cvsa.co.uk or call 01330 825027

OPEN DAY @ THE BOXROOM



L-R: Provost Bill Howatson, Cllr. Linda Clark, CVSA Chair, Brenda Larkin, Boxroom Coordinator and Alan Young, CVSA Chief Officer

Thanks to everyone who attended the Boxroom Open Day on 8th May - it was a great chance to celebrate the extension of the Boxroom allowing them to accept bikes, prams and garden furniture, and also to promote recycling projects in Aberdeenshire with the help of Waste Aware Grampian. The day was marked with a speech from Provost Bill Howatson who spoke of his passion and commitment to the voluntary sector and the enormous contribution that projects such as the Boxroom make to the environment and community life across the whole of Aberdeenshire.

Please note that as the June launch of our Magpie furniture reuse project approaches we are still looking for volunteers. If you can spare one or two hours per week to help out with this valuable project we'd love to hear from you.

For further information contact Alan Young on 01330 825027 or Alan.Young@cvsa.co.uk

contact us...

15a High Street, Inverurie AB51 3QA tel: 01467 629072
72a High Street, Banchory AB31 5SS tel: 01330 825027
email: mail@kdvoice.org.uk website: www.kdvoice.org.uk

Alzheimer Scotland new residents in Port Elphinstone

Port Elphinstone Community House (PECH) is delighted to welcome Alzheimer Scotland - Action On Dementia as a new user of the Community Flat located at 1 Pinewood House, Elphinstone Road, Port Elphinstone, Inverurie.

Alzheimer Scotland will be using one of the rooms in the Community Flat as an office base to support people with dementia, their families and friends in Inverurie and the wider Aberdeenshire area.

This is an exciting new venture for both parties. For PECH this is the first time that a business use has been accommodated with the Community Flat. The Flat is normally used as a meeting place for local community groups and organisations.

"We are delighted see the Community Flat being used to provide support to the local community in this way and wish Anne Naylor, Dementia Advisor for Aberdeenshire who will be working from the Flat - every success for the future" said Alister Strachan Co-Chair of PECH.

Anne will be available to give completely confidential advice and support to people with dementia, their families and friends in the community and will help them to access other support services that may be available. She will



Alzheimer Scotland
Action on Dementia

also link with other local groups, organisations and services to help the community become more dementia-friendly.

Henry Simmons, Chief Executive of Alzheimer Scotland, said "The role of Dementia Advisor is completely new for our charity. They will work with local community services to make sure that no-one feels they have to go through dementia on their own. Our long term plan is to have a Dementia Advisor in every local authority and ultimately every town in Scotland. "

Anne's post will be funded by Alzheimer Scotland entirely from its fundraised income. "Langstane is delighted that the Community House will be used by PECH and Alzheimer Scotland" states Lynn Cargill, Director of Customer Services at Langstane Housing Association - the landlords of the Community Flat. "We are committed to developing and supporting partnerships and we know this one will be of particular benefit to local people"

PECH Bookings can be made by contacting Alister or Sharon Strachan on 01467 625206 or email astrachan@tiscali.co.uk 24 hour, Freephone Dementia Helpline number - 0808 808 3000

Aberdeenshire Council's Commitment to Partnership Working in Action!

Aberdeenshire Council has demonstrated its continued support and commitment to working in partnership with the Third Sector by awarding more than £1.2million to over 60 organisations who deliver social care services in the area. Amounts granted by the Housing and Social Work Committee in February ranged from £400 to £90,000 to organisations working with a wide variety of service user groups.

Application forms for 2011/12 funding will be available from 1st September 2010. In the current financial climate there is tough competition for funding and organisations will be required to demonstrate in their application that they are

providing services which contribute to the Council's strategic priorities and single outcome agreement. These can be found at:

www.aberdeenshire.gov.uk/about/plans/strategy.asp and <http://www.ouraberdeenshire.org.uk/images/media/docs/soa/aberdeenshiresoa2009-10.pdf>

For more information please contact; Catherine King, Development Officer (Community Care), Housing and Social Work Dept, Tel 01224 665172 catherine.king@aberdeenshire.gov.uk

Small Scale Cinema Equipment Grants

Applications are currently being accepted for equipment and venue improvements. This new scheme follows on from the successful digital equipment funds operated by HI~Arts and by Scottish Screen during 2009 and is intended to assist cinemas, film clubs, community groups, and other bodies seeking to present a planned annual programme of screenings in remote, rural, coastal or other non-metropolitan under-provided community.

The fund is intended to support Regional Screen Scotland's aim to increase and

improve access to the cinema experience across Scotland.

Grants are available up to a maximum of £5,000 per organisation. The total fund for 2010-11 is £50,000.

There is a 2-stage application process which is detailed in the Guidelines which can be downloaded from:

www.cinemaconsultant.co.uk/funding.html

There will be only one round of grants and the single deadline for applications is: 12.00 on Friday 2 July 2010.

Further information:

ron@regionalscreenscotland.org

Community Food & Health - Small Grant Scheme Open 2010



Community Food & Health has announced that they have opened their small grants scheme for 2010. Groups and agencies working with low income groups in Scotland have the opportunity to apply for grants of between £500 and £4,000 to develop healthy eating activities. The closing date for applications is 5pm on Friday 9 July. Please be advised that they are unable to accept faxed, emailed or late applications.

Information on how to apply and download an application pack are on the website www.communityfoodand-health.org.uk go to funding tab. The following people can also assist: Alice Baird, Admin/Information Officer telephone 0141 227 6463 or Rita Campbell, Administrative Assistant telephone 0141 227 6464.

All the applications need to promote present food and health messages. The current key policies in Scotland that focus mainly on food/lifestyle change are;

- ♦ Healthy Eating, Active Living (HEAL)
- ♦ Recipe for Success
- ♦ Preventing Overweight and Obesity in Scotland: A Route Map Towards Healthy Weight

fundinginbrief

The **NHS Grampian Carers Information Strategy** is now entering its third year. Funding is available for Carers Information projects, from the Scottish Government, for projects throughout Grampian. All projects must link to the aims and objectives of the Carers Information Strategy. If you have a project you would like to discuss or for further information on funding available please contact sharon.duncan@nhs.net.

Lloyds TSB Foundation for Scotland Partnership Drugs Initiative (PDI)

promotes voluntary sector work with vulnerable children and young people affected by substance misuse. It has been running since 2000 and is funded by the Foundation and The Scottish Government. Groups targeted are:

- ♦ Children and young people in families in which parents misuse drugs or alcohol.
- ♦ Pre-teen children who are at higher risk of developing problems
- ♦ Young people who are developing or who have established problems with substance misuse.

There will be one round of funding open to all applicants eligible to apply to the PDI. The deadline dates are given below:

- ♦ Initial Stage Deadline - 23 July
- ♦ Full Application Stage Deadline - 1 October
- ♦ Decision - 2 December

The Lloyds TSB Foundation for Scotland's

capacity building grants are designed to help your organisation run as effectively as it can by working with you to identify strengths and set out opportunities for development. Registered charities with an annual income of less than £500,000 can apply for funding through this programme. There are no deadline dates for this programme. For information on the Foundation's grant schemes, visit www.ltsbfoundationforscotland.org.uk

Heard of Girls On The Move? Now there's Boys On The Beat



Boys on the Beat is a new programme being developed by Youth Scotland in partnership with Sports Leaders UK, which will involve a residential dance leadership course for boys and young men. This is currently at the planning stage, with the course due to take place this summer.

Do you work with/ know of any boys or young men that might be interested? To register your interest in this programme, please email Philip Ritchie, Youth Participation Development Worker or tel 0131 554 2561.

www.workingtogethercare.com

www.workingtogethercare.com is a new website helping carers professional and family work together to create the most effective all-round care possible for anyone with a condition or illness which involves 'challenging behaviour', e.g. autism, Aspergers syndrome, bipolar disorder, compulsive-addictive behaviours, schizophrenia and other mental health condition. In the strong belief that, with the right information and support, family and other informal caregivers can play an essential role in helping coordinate that all-round care, the website has been built by Gráinne Smith - a family carer over years when her daughter (now thankfully recovered) was extremely ill. The website now has over 100 articles under headings such as Information, Resources, Communication, Confidentiality, Carer Survival...and more, with lots of ideas in the pipeline.

Think Big Programme O2

Telecoms company O2 is offering £5 million to young people aged 13-25 across the UK to support a project of their choice in their local community.

A cash grant of £300, together with training and support to help them make the most of it. The Think Big programme will also offer successful applicants the opportunity to reapply for a further £2,500 cash for the project. If you are invited to take your project further you could get:

- ◆ Up to £2500 cash for your project (given in stages)
- ◆ Free O2 broadband for a year
- ◆ £50 phone credit
- ◆ A laptop for your project

- ◆ Support from O2 mentors
- ◆ The chance to win gig tickets and merchandise for the project group
- ◆ The opportunity to apply for an O2 apprenticeship

What you get once you're in the programme:

- ◆ £300 cash for your project
- ◆ Training and support
- ◆ £30 mobile credit to share around your project group
- ◆ A Think Big merchandise pack
- ◆ Communications tools
- ◆ Support from the team of O2 helpers

For more information, please visit

www.o2.co.uk/thinkbig

Raising the Issue of Smoking Training

This new course has been designed using a blended approach, combining e-learning with face-to-face training. Participants will gain an awareness of the purpose, benefits and process of raising the issue of smoking and delivering brief advice. It also covers knowledge around tobacco, smoking and health, communication skills and how to refer people to local stop smoking services for support. Training dates:

5 Jul	9:30-12:30	Summerfield House, Aberdeen
19 Jul	9:30-12:30	Inverurie Hospital
16 Aug	9:30-12:30	Inverurie Hospital
8 Sep	1:30-4:30	Summerfield House, Aberdeen
14 Oct	9:30-12:30	Summerfield House, Aberdeen
16 Nov	1:30-4:30	Inverurie Hospital

You will be required to complete the online e-learning package individually before attending this session. To register, contact: Kevin Leslie, Training and Development Co-ordinator, NHS Grampian on Kevin.Leslie@nhs.net Tel: 01224 558410.

Digital TV switchover



Digital TV switchover in Aberdeen and Aberdeenshire will happen in two stages in September 2010. People can check when they will switch over through the Postcode Checker at digitaluk.co.uk/home or by calling the Digital UK Advice Line on 08456 50 50 50

For many people television is an important source of entertainment and company and the process of changing from analogue to digital may be worrying. That's why it is so important for us to work closely with charities and voluntary organisations to make sure everyone gets the support they need.

BRIDGE CVS, in partnership with ACVO, will be working with voluntary and community groups to cascade information on the digital switchover. They have organised events in your area, offering a FREE LUNCH and a short presentation designed for those who will raise awareness and understanding of switchover and the Help Scheme in your organisation who then can cascade the information to your staff and volunteers.

31st May	12 - 1pm	Peterhead
8th June	12.30 - 1.30pm	Fraserburgh
16th June	12.45 - 1.45pm	Banff
24th June	12.30 - 1.30pm	Maud

We believe that it is vital that people receive the right information and advice to make the switch to digital - and that those who most need it can look to a local organisation that they know and trust to provide it. Please help us to reach out to people in the community.

To book a place at this free event, please contact BRIDGE CVS by telephone on 01771 624787 or by email to jacquie@bridgecv.org.uk

Kerrygold Community Awards

The Kerrygold Community Awards have been set up to recognise and reward community projects in the UK, where groups of individuals have worked together to achieve something in their community. Projects should be aimed at helping the immediate community in which they are based, be staffed by members of that community, be non-profit generating and not initiated by national registered charities.

From the beginning of June until the end of August, Kerrygold's butter packaging will contain a unique number, which people can enter into a website to vote for their favourite community project. Each vote adds 10p to the fund and the ten winning community projects will each be awarded 10% of the final amount (guaranteed to be a minimum of £10,000). To read more about the Awards and/or to enter your own community project visit www.kerrygoldcommunityawards.co.uk/about_the_awards. Please note that the deadline for applying for an award is Saturday 31 July 2010.

The Foyle Foundation Small Grants Scheme

The Foyle Foundation is an independent grantmaking trust that distributes grants to UK charities. The Foundation does not support applications from individuals. The Foundation now operates a Main Grants Scheme supporting charities whose core work covers Arts, Learning and a Small Grants Scheme covering small charities in all fields.

Smaller charities in the UK (those with an annual turnover of less than £100,000) can apply for a small grant of between £1,000 and £10,000 where a grant of this size will make a significant difference to your work. The Foundation is keen to fund charities working at grass roots and local community level, in any field, across a wide range of activities. Call 020 7430 9119 for more information or visit www.foylefoundation.org.uk.

..training..

CVS Training Initiative
33/34 The Square, Ellon
Tel: 01358 722205
Email: admin@
cvstraininginitiative.org.uk

Practical Stress Management Workshop

Wednesday 2nd June
Kirk Centre, Ellon
9.30 a.m. - 1.00 p.m.
£20
Trainer: Ruth Matthew

Fit for Funding

Monday 7th June
Wyness Hall, Inverurie
10am - 1pm, £20 pp

Volunteers' Week 1st-7th June



Volunteers' Week is an annual event which celebrates the fantastic contribution that millions of volunteers make across the UK. The Week plays a huge part in raising the profile of the millions of volunteers who regularly contribute to society, while inspiring others to get involved too.

To highlight this contribution, there is a burst of activity during 1-7 June when a host of organisations from the public, private and charity sectors will hold parties and award ceremonies to thank their volunteers. and highlight their contribution to local groups and the wider community, while individuals are encouraged to use the Week to find out more about volunteering.

If you are inspired by volunteering and would like to get involved in this national celebration there are lots of resources on their website, to help you do just that!

Visit www.volunteersweek.org.uk



pilotlight scotland

"Even if someone offered me £80,000 I'd still go for my team of Pilotlighters"
Chief Executive, The Yard
- Pilotlight partner charity

Are you an ambitious charity or social enterprise based in the North East of Scotland?

Do you want free support to build a sustainable future for your organisation?

Pilotlight Scotland brings together skilled professionals from the business community and harnesses their talents to create sustainability and growth in small to medium charities and social enterprises.

We offer a uniquely managed capacity-building process, exploring your vision and giving you the skills to develop a strategic Business

Plan...and it won't cost you a penny because we are funded by donations from our business partners.

Two years after working with Pilotlight, the charities and social enterprises we support: (The Pilotlight Effect '08)

- ◆ Increase the number of people reached by 57%
- ◆ Increase turnover by 54% (6 times voluntary sector average)
- ◆ Improved services provided to individuals and communities by 60%

To find out more why not visit us at the Aberdeen Arts Centre on May 27th as part of the Business Know How North East Showcase Event - in the meantime please visit www.pilotlight.org.uk or call Allan Farmer on 0131 243 2767- email afarmer@pilotlight.org.uk for further details.

New Art Competition run by the National Trust for Scotland



Take a moment. Imagine yourself at your favourite Trust property. Why is it special? How could you share that feeling? Here's your chance to do just that. Be inspired. Create an image. You can draw, paint, make a print or collage, use your computer or use any other technique you like except photography.

Upload your entry by Monday 16 August 2010. You can submit up to three images. Shortlisted entrants will be asked to bring their original work to Edinburgh on Friday 10 September for the final round of judging and to be photographed for the online exhibition. The winners will be announced the same day. There are three classes of entry:

- Class 1 : Students in full-time education on 1 January 2010;
- Class 2 : Emerging artists who have not had their own show by 1 January 2010;
- Class 3 : Established artists who have had their own show.

There is a £1000 cash prize for each class winner. All winners and shortlisted works will be exhibited on the Trust's website. There is also the chance of making a name for yourself as people could see your work on Trust merchandise in one of the Trust's many shops across Scotland.

For details of how to enter and competition rules please visit: www.nts.org.uk/artcompetition

New Shopmobility Scheme in Union Square

You may be interested to hear that there are new facilities to loan scooters or wheelchairs for use in the Union Square Shopping Centre. The Shopmobility scheme at Flourmill Lane Car Park also loans scooters, wheelchairs and walking aids with bookable free parking.

For more information, please contact Union Square Shopmobility on (01224) 254338 or Shopmobility at Flourmill Lane Car Park on (01224) 630009. Or visit their website at www.shopmobilityaberdeen.org.uk

Friskis & Sveltis

Friskis&Sveltis is a non-profit exercise association which offers pleasurable and easily accessible high quality exercise classes for everybody, regardless of age and ability. The concept is based on music, the pleasure of movement and positive leadership. It is fun and effective, and has been developed in co-operation with experts in the fields of medicine and physiology on the basis of scientific research.

A session of "jympa", includes all elements of physical fitness: agility, strength, aerobic fitness, balance co-ordination and relaxation. The classes come in a range of intensities, so that everyone can find their perfect workout. All the exercises are natural and easy to follow straight away. The variety of motivating music makes each class a joy! Friskis&Sveltis Aberdeen now has nearly 900 members attending classes over 30 venues in and around Aberdeen as well as Ellon, Stonehaven, Inverurie and Keith.

For all details of class times and venues visit our website at

www.fsaberdeen.co.uk

or telephone

Gunilla Smith

01224-319377

Jackie Richardson

01224-648171

or Jackie Leiper

01224-712705

dates for your diary

St Ternan's Heritage Fair - 12th and 13th June

St Ternan's celebrates our local culture and features a range of exciting events for both local folk and visitors.

The weekend will feature a wide range of activities including book stalls, ferret racing, the Banchory Birl, street drumming, a dog show, continental market and loads more - including ofcourse our very own Charities Fair on the Sunday, showcasing some of our local voluntary sector groups. Come along and support them!

Better Community Engagement Supporting Sustainable Practice Conference 15th June, 10am - 4pm, Teacher Building 14 St Enoch Square, Glasgow

A National Conference to share the themes, experience and lessons coming from the Better Community Engagement Programme and to explore the concept of sustainable community engagement and how we achieve it. Book now as places are limited. Tel: 01324 489666 or e-mail: gthomson@lwtt.org.uk

Give & Take Days

Following the success of the Give & Take day in Stonehaven in March, Aberdeen Forward are now

arranging some more of these events across the Shire:

19th June - Banff, St Marys Church Hall

21st August - Inverurie Town Hall

11th or 18th September, Peterhead venue tbc

9th October - Stewarts Hall, Huntly

March 2011 - Ellon Academy - date & venue tbc

More details to follow on these events.

Carers' Week Drop-In Event

The Town & County Hall, Aberdeen Towns House
(At the courtesy of the Lord Provost)

On Wednesday 16th June, 10am - 1pm

An event during Carers' Week to promote and develop the support available to carers locally. Drop in if you are a Carer and/or work in Health & Social Care or just want to and find out what the following organisations do to support carers and how they can offer assistance.

VSA & NHS Grampian invite Young Carers to a Fun Day 12th June, 1-4pm, Pittodrie football stadium

Drumming Workshop, Games, Free Raffle, Disco, Video Diary, Wii Room and loads more!

For more information call Young Carers

on 01224 212021

The Charity Shop

Excellent range of clothing and bric-a-brac for resale. Donations are gratefully accepted

Opening Hours:

Monday - Saturday 10am - 4pm

Volunteers welcome - contact the shop at:
16a Bridge Street, Banchory Tel: 01330 825714



THE BOXROOM

Recycle+Reuse

THE BOXROOM recycles household goods, by direct sales to the public or by providing essential furniture for those in need

OPEN: Monday - Friday 10am - 2.30pm & Saturday 9am - 1pm

Unit 5, Tillybrae Industrial Estate, Banchory AB31 5UN
(in front of the Royal Mail sorting office)
Tel: 01330 823800

...online...useful websites...online...

www.biglotteryfund.org.uk/region-update-sco

The Big Lottery's Your Scotland update page has all the latest funding related news and information on BIG's programmes and successful projects, plus all the latest events.

www.savethefoundation.org

For 25 years the Lloyds TSB Foundation for Scotland has invested in and supported communities across Scotland. Now it is our turn to support the Foundation. Please sign the petition to save the Foundation, and forward to friends, family and colleagues.

www.simpleacts.org.uk

It's World Refugee Day on 20th June. Simple Acts is about inspiring individuals to use small, everyday actions to change perceptions of refugees. It consists of 20 actions that can be done by anyone and that encourage us to learn and do more with refugees.

www.planningaidscotland.org.uk

Free, impartial advice on any planning issue, from home extensions, wind farms, schools, public spaces, new shopping centres and roads, how to support or object to planning applications, how to get planning permission and more